

The Girls Circle Guidelines

Based on creating an environment for girls that promotes a sense of safety, respect and non-judgment.

1. Everything heard and said in the circle stays in the circle. It's confidential. I will not tell others what I hear in the circle, just as I expect others will not reveal what I talk about.
2. I pass whenever I choose.
3. I will talk about my own experiences. If I talk about others, it is only to explain how they affect me in some way.
4. I will not try to advise others, but listen to them, If they ask for advice, I will share any experience I have that might be useful.
5. I will avoid interrupting others.
6. I will accept other's opinions or feelings as their own, without judgment, even when I think differently.
7. I will participate in each meeting. If I have to miss, I will phone the facilitator before the meeting, so everyone knows why I can't be there.